

Holographic Breathing

Our Breathing, an ubiquitous and timeless flow of air

A Book by Anna Bacchia

Presentation of the book by its Author

How can it be possible that our Breathing is not a voluntary action of ours, but is independent of us and expression of the Breath of all that exists?

This book brings us to see such process, in the most advanced perspectives of contemporary physics, while it accompanies us into the fabric of the hologram, the originary unity of all that exists, where life is breathing us, just like the dancer does not dance through his will, but rather he is danced by the symphony which creates him and which models his dance instant by instant.

The journey into this symphony which the hologram is, where everything that exists is vibration and wave of sound, leads us to leap from our ordinary logical thinking, which sees the world as made of separate and distinct parts, into a new *analogic* (con-)science: a (con-)science beyond logic, where *all the things are one*. Here is the dawn of a new Human Species. We already are part of this evolution, where human beings start to interface reality through a new human faculty: an INTuitive INTelligence [İNIN] *unexplored until now*, which is disclosing a new Civilization of Symphony.

“Anna Bacchia’s innovative and insightful book provides an important complement to current attempts to provide an encompassing as well as consistent mapping of the world. The Holographic Breathing, the İNIN path, brings us to recognize ourselves whole in a world that is whole, and to experience the world through ‘sin-fonia’, vibrating in-phase with the holo-reality: a crucial evolutionary step, a vast and fascinating prospect, an uniquely valuable roadmap.”

Ervin Laszlo, Philosopher, Scientist, Theorist of Systems Science. Twice candidate for the Nobel Peace Prize. Has received the Goi Peace Prize and the Mandir of Peace Prize. Author of 75 books translated in 19 Languages.

“In this fascinating book, cognitive scientist and artist Anna Bacchia offers a unique transdisciplinary exploration of the human voice within the context of a universal breath of life – a vision consistent with the systemic conception of life that is now emerging at the forefront of science.”

Fritjof Capra, Physicist, Scientist, System Theorist. Author of “The Tao of Physics” “The Web of Life” “The Hidden Connections”, Coauthor of “The Systems View of Life”

Anna Bacchia

As a “globally thinking leader in the cause of Peace and Human Enhancement”, Anna Bacchia has been invited by the Goi Peace Foundation, Tokyo, Japan, to endorse and sign the worldwide declaration for Peace ‘*The Fuji Declaration*’, which from 2015 onwards is being presented to governments worldwide.



For her Cognitive Research and Intercultural Projects İNIN, INTuitive INTelligence, in 2014 Anna Bacchia has been nominated Member of the *Club of Budapest*. [CoB], one of the most prestigious international organization for culture science and art, “*dedicated to mobilize the full cultural resources of humanity. Formed of outstanding personalities of international fame whose achievements exceed the boundary of their professional life and whose unparalleled social responsibility is also generally acknowledged and acclaimed*”, the CoB counts among its members the XIVth Dalai Lama, Mikhail Gorbachev, Muhammad Yunus, Gidon Kremer, Edgar Mitchell.